

Lent



2026 at Our Lady of the Assumption Church

Bloomington, New York

During the Season of Lent, the Church urges all the Faithful to reflect a spirit of penance in their daily life by performing acts of fasting and abstinence.

“FASTING” requires that only one full meal be taken per day. Two other smaller meals may be taken during the day to maintain physical strength, but these two meals together should not equal a full meal in quantity. Fasting obliges all those who have reached the age of 18 and continues to oblige until age 59. Those not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

ABSTINENCE prohibits individuals from eating meat on a particular day. Abstinence obliges all those who have reached the age of 14 and continues to oblige throughout their entire life. Those not specifically obliged to abstain from eating meat are encouraged to join in this discipline to the extent they are able.

Ash Wednesday and Good Friday are days of fasting and abstinence.

Fridays in Lent are days of abstinence.

Masses & Activities



Knights of Columbus 40 Cans for Lent

The Mamakating Knights of Columbus are once again sponsoring “40 Cans for Lent” and are asking Parishioners to contribute one can of food per day during the Lenten

Season: canned goods such as vegetables, fruit, tuna, and soup, just to name a few. The campaign will kick off the weekend of February 21 & 22 and concludes Palm Sunday weekend. Please bring your cans in a bag to Mass each week and place them in the Gathering Area of the Church at the direction of the Ushers. The food will be distributed to the Pantries of Our Lady of the Assumption, St. Joseph’s Church, The Community Church of Wurtsboro, and Sullivan County BOCES.

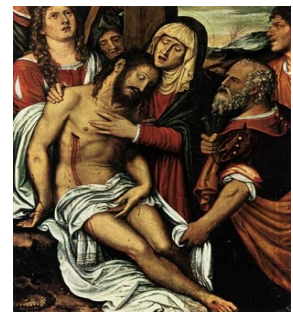


Ash Wednesday ~ February 18

Mass with Distribution of Ashes at 9:00 AM and 7:00 PM

“No Greater Love” ~ Sunday, March 8 at 4:00 PM

The Passion of Christ in Drama, Song and Dance ~ followed by a light supper in the Parish Center Lower Level



Stations of the Cross

is on the Following Fridays:

at **7 PM** February 20

March 13

at **3 PM** April 3 (Good Friday)

And at **9:30 AM**

following the 9 AM Mass, on:

February 27

March 6

March 20

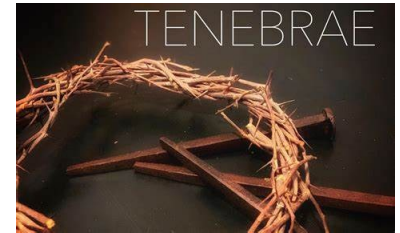
the **Xavier Company**



Simple Soup & Tenebrae ~ Friday, March 27

Experience the peace and prayerfulness of a monastic-style Simple Soup meal with spiritual readings, followed by a program of Psalms, Scripture, Reflection & Song.

Simple Soup 5:45-6:45 PM Tenebrae 7:00 PM



Holy Week ~ March 28th through April 3rd

Palm Sunday of the Passion of our Lord

Vigil Mass ~ Saturday, March 28 at 5:30 PM

Primary Mass ~ Sunday, March 29 at 9:30 AM

Lenten Reconciliation - Monday, March 30

Reconciliation will be available at Our Lady of Mount Carmel Church in Middletown from 2:00 to 4:00 PM and 6:00 to 9:00 PM.

*(There will be **no** Reconciliation held at Our Lady of the Assumption or St. Paul's.)*

Holy Thursday, April 2

Mass of the Lord's Supper & Washing of Disciples' Feet - 7:00 PM

Immediately following Mass, the Blessed Sacrament will be transferred to "The Garden", located in the parish center lower level, where it will remain for Adoration through 10 PM.

Good Friday, April 3

- ♦ Stations of the Cross at 3:00 PM
- ♦ Veneration of the Cross & The Lord's Passion with Communion at 7:00 PM

Easter Vigil ~ Saturday, April 4 ~ 8:30 PM

Easter Morning ~ Sunday, April 5 ~ Easter Mass at 9:30 AM

